



# ANTIAGE INSTITUTE

WELLNESS CENTER AND MEDICAL SPA

Where innovation meets rejuvenation. Experience the perfect blend of advanced treatments and proven, clinician-approved techniques to enhance your beauty and well-being. Our accredited center is dedicated to delivering results that stand the test of time, providing you with personalized care and lasting confidence.



# ABOUT US

---

Founded in 1997, Dr. Richard and Dana LeConey developed comprehensive personal Anti-aging, Wellness, Hormone and Skin Care programs for men and women.

We are a top destination and Physician-Owned and operated practice for 25 years. We have performed over 100,000 procedures making us the most experienced Medical Spa in Houston.

When you step into the Antiage Institute: Medical Spa and Wellness Center, you are welcomed into a serene and sophisticated environment designed to put you at ease. Our highly trained and world-class clinicians are not just experts; they are your partners in your journey toward health and confidence. We always strive to foster a judgment-free space where you can ask questions and make informed decisions about your treatments without fear or worry.



[LEARN MORE ABOUT OUR TEAM](#)

# TABLE OF CONTENTS

---

CLICK TO GO TO A SPECIFIC SECTION

[BOTOX](#)

[DERMAL FILLER](#)

[FACIAL SERVICES](#)

[LASER SERVICES](#)

[BODY CONTOURING](#)

[WELLNESS](#)

[HORMONES](#)

[SKINCARE](#)



@antiageinstitute



Institute of Anti-Aging Medicine and Skin Spa



Institute of Antiaging Medicine and Medical Spa



www.antiageinstitute.com

## WHAT OUR PATIENTS ARE SAYING:

"I have been going to The Institute of AntiAging Skin Spa for years and I highly recommend them. Everyone is amazing and I can just ask what they think I need and I know they will make me feel beautiful. You can trust that they know what they are doing and will advise you on what is best for you. Best team ever!!"

"I'm in my late 40s female and a patient of the Institute of Anti Aging for over a year and i go there for my routine facials, laser, and recently added injection treatments. I am a huge fan of their services and aestheticians and nurses!"



[READ MORE PATIENT REVIEWS](#)



[SEE OUR CURRENT SPECIALS](#)



## WHAT TO EXPECT AT YOUR BOTOX APPOINTMENT



45 minute initial visit



Pre-treatment photos are taken



Discuss treatment goals



Receive treatment



Schedule 2-week follow up

# BOTOX COSMETIC®

Botox® is the #1 selling product of its kind and one of the most extensively studied medical aesthetic treatments in the world. Approved for cosmetic use since 2002 and available in over 78 countries, Botox® is a highly purified protein that blocks nerve signals to the facial muscles. When strategically injected, Botox® relaxes the underlying muscle activity that causes wrinkles, smoothing fine lines. Most patients see final results within 10 to 14 days of treatment and they fade gradually and naturally after 3 to 4 months. Maintenance treatments spaced 3 to 4 months apart can help preserve a refreshed, youthful appearance, and continued use may help extend the lifetime of future treatments.

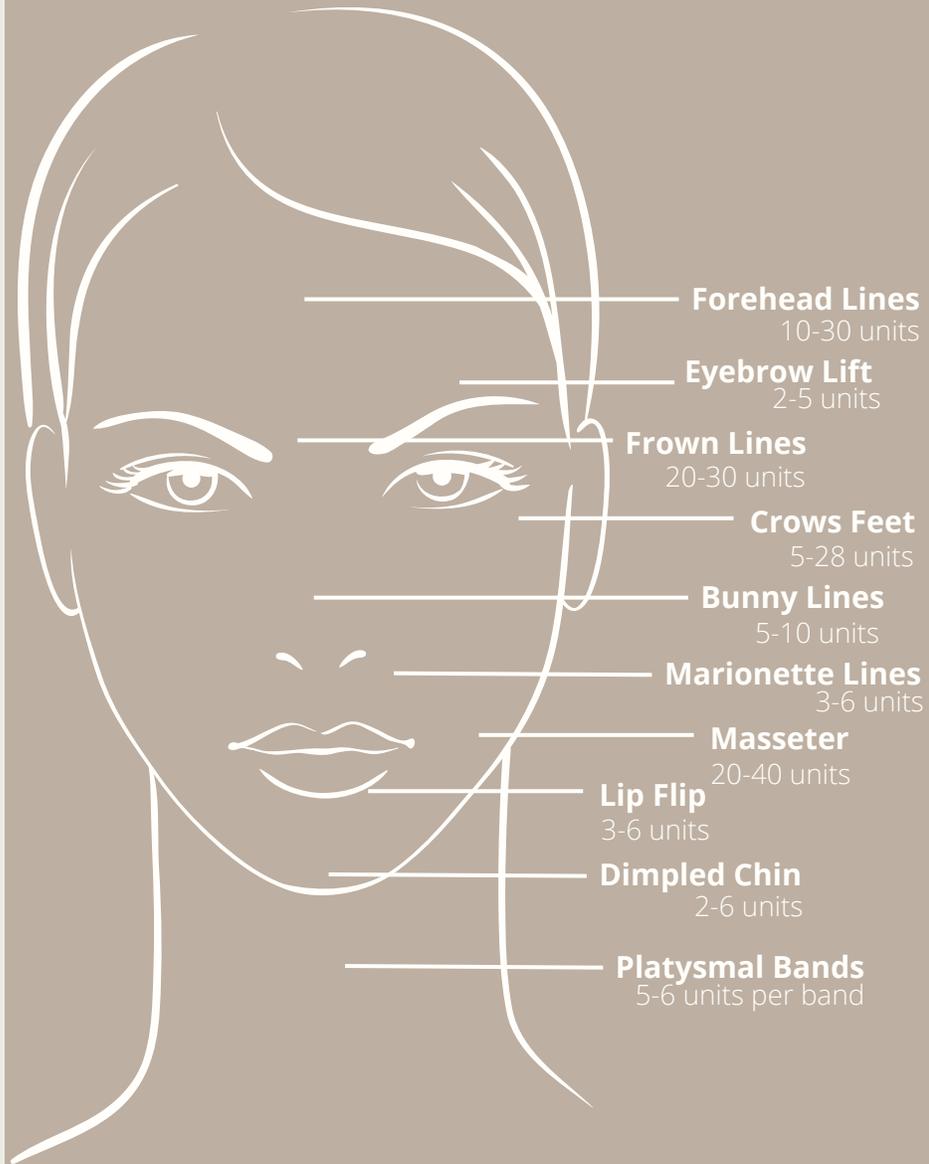
## WHY ANTIAGE INSTITUTE FOR BOTOX®?

Our team of fully licensed experts has over 5 decades of combined experience and receives regular advanced training in cosmetic injectables. Led by owner and medical director Dr. Richard LeConey, IAA's approach to patient care is grounded in an unparalleled depth of knowledge around aesthetic treatments. This means that we can implement and combine treatments in innovative ways to help you look and feel your best.



**BEFORE & AFTER GALLERY**

## ESTIMATED BOTOX® USAGE BY AREA



Botox on Glabella "11s"



Lip Flip & Chin Botox



Full Face Botox Treatment  
(forehead, crows feet & lip flip)

## WHAT OUR PATIENTS ARE SAYING ABOUT BOTOX:

"I am so pleased with the way that nurse Julie applied Botox on my forehead. She looked and took her time to study my case and now I am happy with the results, I'm definitely going to request her for the next treatment."

"Wow! Picked this place solely based on reviews alone, came in for fillers and Botox, staff is wonderful, place is clean and smells good. Now I'm back for a 3rd time in about a month and a half!"

"I cannot recommend Anti-Age Institute enough for Botox and fillers. The entire staff is always welcoming and makes the visits so pleasant. Megan is my go-to for Botox and is wonderful! She's great at answering all of my questions and always makes sure I am happy with my results. I highly suggest her if you are newer to Botox as she is thorough with explaining the process and makes you feel comfortable during your appointment!"



## WHAT TO EXPECT AT YOUR FILLER APPOINTMENT



60-90 minutes



Pre-treatment photos are taken



Discuss treatment goals



Receive treatment



Schedule 2-week follow up

# DERMAL FILLER

Dermal filler is a non-surgical injectable treatment that works to restore facial volume and smooth fine lines and wrinkles. As we age, our body produces less hyaluronic acid, or HA, resulting in the loss of volume, moisture and elasticity. Soft and gel-like in texture, dermal fillers supplement the skin's HA levels. When injected strategically into the facial tissue, dermal fillers can enhance the contours of the face, resulting in a softer, revitalized, more youthful appearance.

## WHY ANTIAGE INSTITUTE FOR DERMAL FILLER?

Antiage Institute offers a cutting edge selection of long-lasting, FDA-approved dermal fillers. Our team of fully licensed cosmetic injectors partners with patients to select the type(s) and amount of filler necessary to achieve your desired results. Factors we consider include patient age, patterns of facial movement and areas of concern. At your complimentary consultation, we will develop a treatment plan tailored to your aesthetic goals.



**BEFORE & AFTER GALLERY**



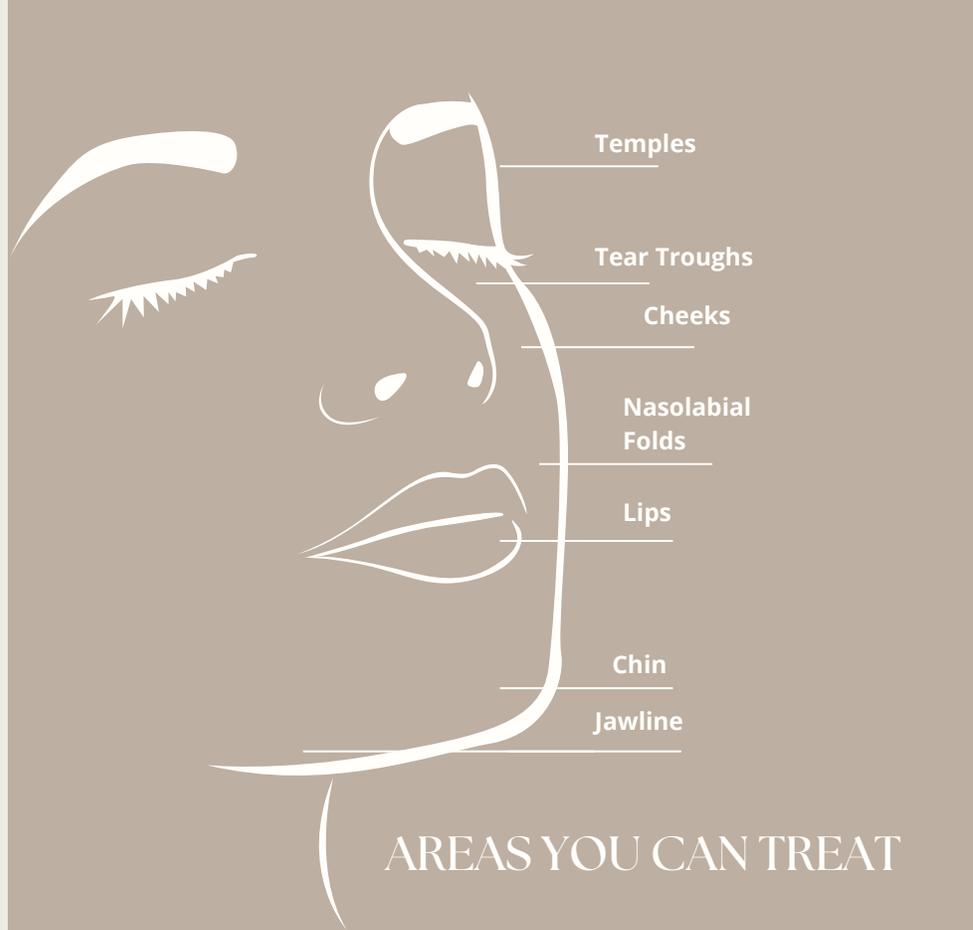
Lip Filler



Facial Balancing (treated cheeks, nasolabial folds, chin and chin shadow)



Under Eye & Cheek Filler



## HOW MUCH FILLER WILL I NEED?

Because each patient possesses unique facial features, the amount of dermal filler necessary to achieve results varies widely. Factors that may help determine filler type and amount include age, depth of folds and wrinkles, and facial expression patterns. Our fully licensed providers will conduct a facial analysis at your initial consultation, weighing all relevant factors to determine the right amount of filler for you.



**0.5 ml   1 ml   2 ml   3 ml   4 ml**

1 ml = 1 syringe



# FACIAL SERVICES

When it comes to our beautiful faces, we all have different concerns and aesthetic goals. At Antiage Institute we offer a range of services to improve signs of aging, revitalize the complexion, restore volume loss, enhance contours, and more. The Antiage team is dedicated to the curation of highly personalized treatment plans aimed at achieving our patients' desired results.

## WHICH TREATMENT IS RIGHT FOR ME?

No matter your skincare concern, we have the treatment for you. We are proud to offer some of the most effective and popular aesthetic facial treatments available on the market today, and each may be put into a customized treatment plan to fit your individual overall aesthetic goals.

	HYPERPIGMENTATION	SKIN TEXTURE	ACNE	DULLNESS	SKIN TIGHTENING	DRYNESS	FINE LINES & WRINKLES
HYDRAFACIAL	X	OVER TIME	X	X		X	X
CHEMICAL PEELS	X	X	X	X			X
DIAMOND GLOW	X	X	X	X		X	X
SKINPEN		X		X	X		X
MORPHEUS 8	X	X			X		X
DERMAPLANE		X		X		X	

## ALL ABOUT THE VISIA SKIN ANALYSIS

To develop an effective treatment plan tailored to your features, it's crucial that our knowledge of your facial characteristics goes beyond skin-deep. We rely on the VISIA Skin Analysis System, a state-of-the-art digital imaging device, to analyze your face. VISIA provides an in-depth evaluation of the skin related to the following categories:

**UV SPOTS | BROWN SPOTS | PORE SIZE  
| RED AREAS | BACTERIA & OILS |  
SURFACE SPOTS | TEXTURE | WRNKLES**

In addition to guiding targeting treatment planning and informing a tailored skin care regime, VISIA's innovative technology allows us to share the comprehensive assessment with the patient immediately in the office.



## TREATMENT SPOTLIGHT: MORPHEUS 8

Morpheus8 is a safe, effective, and minimally invasive fractional resurfacing device that combines radio frequency technology and microneedling to stimulate collagen production. When deployed on targeted areas, Morpheus8 defines facial contours and minimizes sagging, resulting in a smoother, more youthful appearance.

**WHO IS A CANDIDATE?** Men and women of all skin types and tones with fine lines, sunspots, stretch marks, and acne scars are ideal candidates for Morpheus8

**TREATMENT DETAILS** Prior to a Morpheus8 treatment, numbing cream is applied for comfort and the patient's skin is cleansed thoroughly. Using a matrix of micro pins that emit RF energy in a controlled manner. Morpheus8 heats the deeper layers of the skin to stimulate the production of collagen. The device was designed to target tissue sequentially at 3 levels in millisecond intervals, ensuring that the potential for skin injury is minimized and treatment uniformity and customization is enhanced.

**RESULTS** Requires minimal downtime. Patients may experience redness in the treated area for up to one week. It is recommended that patients avoid direct sunlight, use a broad-spectrum sunscreen, and moisturize the area very well. Optimal results begin to emerge after about 3 weeks, and improvements continue to appear 3 months after treatment. Patients may require up to 3 treatment sessions to achieve their desired results.



# LASER SERVICES

## LASER SERVICES AT ANTIAGE INSTITUTE

At Antiage Institute we are proud to offer the latest and greatest in laser technology to address nearly any skincare concern. Laser treatments are a safe and effective way to revitalize the skin, remove hair, and address issues related to pigment and redness. Laser resurfacing is a great option to lessen the appearance of fine lines in the face, treat uneven skin tone and improve your complexion.

### WHICH LASER IS RIGHT FOR ME?

At your consultation, our highly-trained team will talk with you about your health history, skin type, skincare concerns and overall aesthetic goals. This will help us determine which laser treatments will be most effective for you. We offer several types of laser treatments at our office including:

#### **BBL (BROAD BAND LIGHT)**

Broadband Light (BBL) laser therapy, also known as photo rejuvenation or IPL, is a skin treatment that uses light energy to improve skin health. It can treat a variety of skin concerns, including sun damage, redness, wrinkles, skin texture, vascular lesions, and scarring.

#### **MOXI**

The MOXI laser is a non-ablative laser treatment that improves skin tone, texture, and pigmentation.

#### **HALO**

Halo laser delivers a reduction in skin irregularities, scars and pigmentation. It is effective for tissue tightening, lines, and wrinkles, dealing with pores and combatting deeper pigmentation.

#### **TRL CONTOUR**

Uses a focused beam of laser energy to vaporize damaged skin cells. Effective for treating deep lines, acne scars, uneven texture, and sun spots.

#### **PROFRACTIONAL LASER**

Uses a small laser beam to target thousands of pinpoint areas on the skin. Creates tiny channels within the skin to promote the body's natural healing process. Can be used to treat specific areas, such as around the mouth or eyes.

#### **ACTIVEFX/DEEP FX (FRACTIONAL CO2)**

For more severe texture issues, fine lines, wrinkles, dark spots, scars, acne scars and uneven skin tone.



## TREATMENT SPOTLIGHT: BBL + MOXI

Combining BBL (BroadBand Light) and Moxi laser treatments is a powerful approach to improving overall skin health. BBL addresses deeper skin concerns like pigmentation, sun damage, and redness, while Moxi focuses on surface-level issues such as fine lines, texture, and mild sun spots. The combination of these treatments targets multiple layers of the skin, providing comprehensive rejuvenation with minimal downtime.

**WHO IS A CANDIDATE?** People with sun damage, pigmentation, and uneven skin tone (BBL targets these issues) Those seeking improvement in skin texture, fine lines, and early signs of aging (Moxi targets these concerns). Ideal for most skin types, particularly those with light to medium skin tones.

**TREATMENT DETAILS** Procedure: Typically, BBL is performed first to address deeper skin concerns. After that, Moxi is used to treat the skin's surface, improving texture and promoting collagen production. A combined session usually lasts 45-60 minutes, depending on the treatment area. Mild redness or a "sunburned" sensation may occur initially. Some peeling or flaking may follow the Moxi treatment, but overall downtime is minimal.

**RESULTS** Immediate Results: The skin may appear slightly red and flushed after the session. Over time, you'll see clearer, more even skin, with reduced pigmentation, improved texture, and fewer fine lines. Multiple sessions may be required for optimal results. Periodic treatments every 6-12 months can maintain the results.

## TIPS TO PREPARE FOR LASER TREATMENTS:



Avoid sun exposure

Be sure you're wearing your sunscreen every day



Avoid sun exposure

Be sure you're wearing your sunscreen every day



Avoid retinoids that cause skin sensitivity  
Be sure to keep up with the rest of your skincare routine



Keep your skin hydrated  
Keep up with your daily water intake & hydrating moisturizers



# BODY CONTOURING

When it comes to body contouring, selecting the right treatment can be tricky. At Antiage Institute we offer a range of procedures to address a variety of area-specific concerns. If you're interested in body contouring at Antiage Institute, schedule a complimentary consultation with one of our highly trained providers. Our staff is well equipped to design tailored treatment plans -- often combining procedures -- to help patients achieve their aesthetic goals.



## WHICH IS RIGHT FOR YOU?

### COOLSCULPTING®

Non-surgical procedure that reduces exercise and diet-resistant pockets of fat with no downtime and permanent results.

Freezes and destroys fat cells without damaging the surrounding tissues. Body processes/eliminates dead fat cells as waste.

under chin / jawline | abdomen  
back flanks | upper arms | bra area  
inner / outer thighs | under buttocks

Those in good health that are at or close to ideal weight.

### COOLTONE

Non-surgical procedure that tones and strengthens muscles that are difficult to target with traditional exercises with no downtime.

Includes involuntary muscle contractions using magnetic muscle stimulation. Treated muscles feel stronger/firmer & look more toned.

abdomen | thighs | buttocks

Those in good health that are at or close to their ideal weight but have trouble achieving muscle.

#### WHAT IS IT?

#### HOW IT WORKS

#### AREAS IT TREATS

#### WHO IS A CANDIDATE?

## WHY COOLSCULPTING® ELITE?

CoolSculpting® Elite is the most advanced CoolSculpting technology on the market. CoolSculpting Elite improves upon the original technology by:

Offering a range of applicators: The new applicators were designed in a C-shape cup to complement the body's natural curves for an improved fit and comfort during treatments.

Providing better contact and coverage. This new design takes your fat-freezing treatment to the next level with up to an 18% larger cooling area for a more effective treatment.

DualSculpting: Dual applicators allow treating more areas of stubborn fat in less time than traditional CoolSculpting, giving you more results in less time!

## HOW MANY TREATMENTS WILL I NEED?

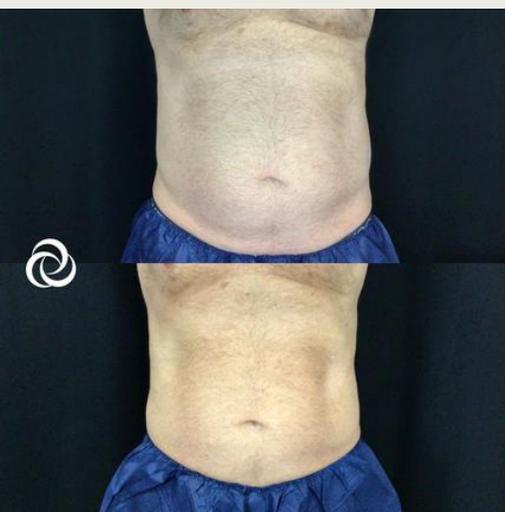
When you come in for your consultation, we will create a personalized treatment plan for you. But generally, here are how many you will need:

### CoolSculpting® Elite

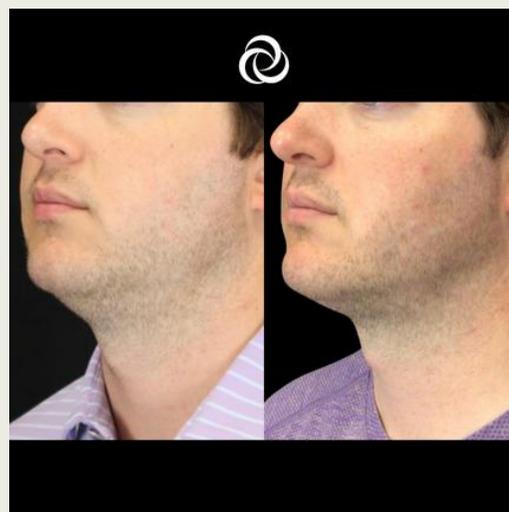
While it depends on the treatment area and your goals, on average, most patients undergo 2 - 3 treatment sessions per target area.

### CoolTone

To get started, we recommend 4 treatments (30 minutes per area), in a 2 week period. After your initial series, we recommend one treatment per area every 3 - 6 months to maintain.



CoolSculpting & CoolTone on Abdomen



CoolSculpting on Submental "Double Chin"



CoolTone on Abdomen



# HORMONES

At Antiage Institute, we believe anti-aging services are so much more than a confidence boost. We approach anti-aging from a wellness perspective because beauty isn't skin-deep. When you take care of your body, your body reaps the benefits. And a shift begins to happen. We feel nourished and healthy. Inspired and positive. Radiant and confident. As we move about our day, this energy becomes contagious, making the world a little bit brighter.

## ALL ABOUT HORMONES

### WHAT ARE HORMONES?

Hormones are responsible for nearly every function that happens inside the human body. Both men and women have naturally-occurring hormones that affect everything from energy levels to sex drive to mood to the strength of our hair and nails--and so much more. Simply put, hormones are our body's chemical messengers, constantly communicating with our tissues and organs.

### ARE MY HORMONES OUT OF BALANCE?

Our lifestyle, environment, and genetics all play a role in the way our hormones function. Even the slightest change in our hormones can trigger side effects that throw our body off balance.

### COMMON SYMPTOMS OF A HORMONE DISCREPANCY INCLUDE:

reduced sex drive | reduced muscle mass | increased body fat | reduced energy | reduced memory or concentration | reduced exercise performance | reduced quality of sleep | thinning skin & hair | wrinkles | brittle nails | reduced bone density | elevated LDL or reduced HDL cholesterol | depression/emotional instability | reduced thyroid function | mood swings | hot flashes | weight gain | reduced erectile function | painful sex



If you're experiencing one or more of these symptoms, you may benefit from hormone testing and replacement therapy.

**BOOK A CONSULTATION TO TEST YOUR HORMONE LEVELS**

## SOME OF THE ESSENTIAL HORMONES RESTORED INCLUDE:

**Thyroid** - The hormone that controls your body's metabolism

**Testosterone** - The male sex hormone

**Estrogen** - The female sex hormone

**Progesterone** - The hormone released by the ovaries and involved in the menstrual cycle, pregnancy, and embryogenesis

## SYMPTOMS OF HORMONAL IMBALANCE:



LOW LIBIDO



DIFFICULTY SLEEPING



FATIGUE



HAIR LOSS



LOSS OF MUSCLE MASS



**RESTORE YOUR HORMONE LEVELS**

## MICRONUTRIENT TESTING

Are you getting the proper nutrients you need to keep your body in balance? Antiage Institute offers an innovative assessment of 33 vitamins, minerals, amino acids and antioxidants present in your body. This is a great test to ensure that your vitamins are working and you are taking the proper supplements to fill any gaps in your diet.

Each test includes full lab work and a 30-minute consultation with Dr. LeConey to discuss test results and develop an individualized supplementation program.

**SCHEDULE TWICE YEARLY TESTING**



# WEIGHT LOSS

## SEMAGLUTIDE & TIRZEPATIDE FOR WEIGHT LOSS

Ideal candidates for semaglutide and tirzepatide treatments are individuals who are struggling to lose excess weight through diet and exercise alone. Our program is medically supervised and you will receive a complete evaluation by Dr. LeConey to confirm that you are a good candidate for our weight loss program.

Whether you are battling a chronic condition, or aiming to trim some extra weight, our program is customized to help you reach your weight loss goals.

The program is a customized treatment that is designed to help you lose weight. When your insulin hormones are in good balance, your appetite can also be put under control, allowing you to eat less than before. Semaglutide was approved for weight loss by the FDA in 2017.



This drug is given as a weekly injection, which you can easily learn how to administer yourself at home with the assistance of our office staff.

When the treatment is taken regularly, as prescribed by Dr. LeConey, it can help you lose weight in a healthy, natural way.

## WHAT TO EXPECT AT YOUR INITIAL VISIT:



Blood Work



Weigh in on the  
InBody Scan machine



Paperwork



Come in for a second appointment & meet with Dr. LeConey to make sure Semaglutide is a safe option for you



Receive your  
medication

## HOW IT WORKS

Our Weight Loss Program utilizes injectable medications that mimic the effects of GLP-1 to help control appetite and improve insulin sensitivity. This treatment can help you:



- Reduce hunger cravings: GLP-1 therapy helps you feel fuller longer, making it easier to reduce calorie intake without feeling deprived.
- Support healthy metabolism: By enhancing insulin sensitivity, it helps regulate blood sugar levels, contributing to better energy balance and overall health.
- Achieve sustainable weight loss: GLP-1 medications, such as semaglutide and tirzepatide, support gradual weight loss, reducing the likelihood of rapid weight fluctuations that can be discouraging.

## B12 ENERGY INJECTIONS

It can be difficult to ensure we're getting enough vitamins in our diet when we're overbooked and overwhelmed. Adding regular B-12 injections to your routine can boost energy, metabolism and immunity.

# SKINCARE



## WHAT IS MEDICAL GRADE SKINCARE?

Medical grade skincare is specifically designed to target specific skin care conditions such as acne, fine lines & wrinkles and hyperpigmentation. You'll also find that the concentration of active ingredients in this category of skincare is higher and undergoes rigorous testing for efficacy and safety to ensure the best results for consumers.

At Antiage Institute, we've carefully curated a selection of medical grade skincare products for a wide variety of skin types and skin concerns. Our highly-trained team is here to make recommendations to create the perfect routine for you.

[BOOK A SKINCARE CONSULTATION](#)

## PRODUCT SPOTLIGHT



### TNS ADVANCED+ SERUM

SkinMedica's signature product, TNS® Advanced+ Serum, is formulated to improve the appearance of coarse wrinkles, fine lines, skin tones and texture. It's the only growth factor product proven to address sagging skin. Visible results can be seen in just 2 weeks. We love this product paired with regular Botox treatments for best results.



### ZO DAILY POWER DEFENSE

This award-winning, Antiage patient-favorite, is clinically proven to defend skin against oxidative damage from free radicals, strengthen skin's protective barrier, all while defending against environmental stressors and premature signs of aging.



### ZO WRINKLE AND TEXTURE REPAIR

Featuring a microemulsion delivery system, Wrinkle + Texture Repair is a high-potency retinol that restores natural hydration, visibly improving the appearance of wrinkles and refining skin texture.

## SKINCARE LINES WE CARRY

SKINMEDICA®

ANFISA  
SKIN

ZO® SKIN HEALTH

elta  
md  
SKINCARE

velež  
BY VESNA -

REVISION.  
SKINCARE

SKINCEUTICALS  
ADVANCED SKINCARE BACKED BY SCIENCE

[SHOP THE ANTIAGE STORE](#)

[SHOP SKINMEDICA](#)

[SHOP ZO SKIN HEALTH](#)



**ANTIAGEINSTITUTE.COM**

3120 SW Freeway Service Rd Suite 400,  
Houston, TX 77098

(713)807-1000

 @antiageinstitute

 Institute of Anti-Aging Medicine  
and Skin Spa

 Institute of Antiaging  
Medicine and Medical Spa

 [www.antiageinstitute.com](http://www.antiageinstitute.com)

**WANT TO LEARN MORE  
ABOUT ANTIAGE INSTITUTE**

**BOOK A CONSULTATION**

and view our

**BEFORE + AFTER GALLERY**

for a sneak peek of some of  
our most popular treatments

 **ANTIAGE INSTITUTE**  
WELLNESS CENTER AND MEDICAL SPA